# A2015-2016 Report Annual Report Proving the Lives of Women's Center of Jackson Ville Proving the Lives of Women



Improving the Lives of Women

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Dear Supporters, Donors and Friends,

It was with great excitement that I officially began my new role with the Women's Center of Jacksonville on April 4th, 2016. Working here has solidified my belief that this is exactly where I want to be. With every community meeting I attend, people speak highly about the wonderful work the Women's Center has done over the past 20 plus years. My goal moving forward is to ensure the stellar reputation of the Women's Center remains (and to continue the legacy Shirley Webb has entrusted to us all). I extend my thanks to Alma Ballard and the Board of Directors for their leadership during the transition, and to Laurie Price who served as interim director for three months following Shirley's retirement at the end of 2015.

I have already had the privilege of meeting many key supporters during the events and activities in which the Women's Center is involved. April is Sexual Assault Awareness Month and we presented several events throughout the month to raise awareness of the critical issue of sexual violence. In May we listened to Melissa Ross, host and producer of WJCT's First Coast Connect, speak about "the road to gender equality," during the 2016 Women, Words & Wisdom Speaker Event. We also honored ten Unsung Sheroes all of whom have worked tirelessly behind the scenes to improve the lives of women. And in August, we were joined by Sheriff Mike Williams who made his debut as an auctioneer and helped us raise money at the Annual Celebration of Women event to support our many programs and services.



Teresa Miles



Alma Ballard

As the fiscal year drew to a close at the end of September 2016, we came several steps closer to our vision of purchasing a permanent home for the Sexual Assault Forensic Exam (SAFE) Program. We identified a building on Emerson Street that will someday become a state of the art facility that will provide immediate safety and support for victims of sexual assault in Duval, Nassau and Baker Counties. The vision is becoming a reality.

Special thanks to the Delores Barr Weaver Fund for the generous Challenge Match and to Mayo Clinic for their 2016 Signature Sponsorship. These gifts made it possible to continue our programs and services to the women and families in this community. Thank you - donors, sponsors, supporters, staff and volunteers – for contributing to the success of Shirley's last year and for welcoming me to the "Next Chapter" at the Women's Center of Jacksonville.

Teresa G. Miles, MSW

Executive Director

Alma Ballard

President, Board of Directors



Chief Judge Mahon, Eileen Rodden and Ronnie Fussell at the Elder Summit



Ellen Benson and Barbara Hoffmeyer at Remission Rocks



Melissa Ross with Kathy Suarez, Unsung Shero



Patricia Brooks, ABE Reading Student and Diana Daniel-Lorente, ABE Reading Tutor

# Services and programs

#### RAPE RECOVERY TEAM

The Rape Recovery Team served 660 primary and secondary clients face to face. 2,957 primary and secondary survivors were served on the hotline. Sexual Assault Nurse Examiners conducted 321 forensic exams for survivors. All services are available to victims who report or choose not to report to the police. 144 adult outreach prevention education presentations and 78 youth prevention education presentations were made. 452 students and faculty attended a Green Dot Bystander Training.

#### MENTAL HEALTH COUNSELING

Our counseling program, one of the only gender-responsive, trauma-informed sources of counseling for women and older girls served 451 clients. Services were provided to women with mental health needs ranging from survivors of childhood sexual abuse and survivors of recent sexual violence to family issues including divorce, custody and employment.

#### **COMMUNITY EDUCATION**

Advocacy, support and education focused on women's and girls' issues including:

#### GIRLS CIRCLES

A national program for girls (age 9-18 years) offers structured support circle groups. Each circle has its own theme, and the use of non-traditional techniques coupled with the Girls Circle proven curriculum, promotes "confidence, competence and connectedness" in a safe and structured environment for girls of all socio-economic backgrounds. Circles were held at Kings Trail Elementary, Don Brewer Elementary and Duval Charter School. A total of ten Girls Circles served 47 girls. Activities encourage girls to make wise and healthy choices as they advance through their teen years.

#### **EXPANDED HORIZONS**

Adult learning classes provide one on one tutoring and small group instruction. The Expanded Horizons program utilized 28 volunteer tutors to help over 100 women become more literate, achieve their GED, enroll in college, learn English as a second language, or become proficient on a computer.

#### **B**OSOM **B**UDDIES

The Bosom Buddies program provided 47 support group meetings to women diagnosed with breast cancer; provided 20 clients with bras, head coverings, wigs and prostheses; and staffed 17 community wide events and health fairs. Remission Rocks, a community volunteer annual fundraising event, had a strong attendance bringing in needed funds and an increased awareness.

#### WOMEN RENEWED EMPLOYMENT REENTRY

The Women Renewed Reentry program for female ex-offenders served 63 clients of which 51 women completed the program and 26 gained employment. The program provided wrap-around services to support the women while they transitioned from prison to society and back to their families. Services included mental health counseling, case management and employment counseling. The program concluded in 2016 and many of the women continued in services through the Expanded Horizons program.

#### **COMMUNITY EVENTS**

Approximately 3,534 participants attended community events presented by the Women's Center throughout the year. Events included Women, Words & Wisdom 2016 Speaker Event, Remission Rocks for Bosom Buddies, Champagne and Chocolate donor appreciation, Sexual Assault Awareness Month events, Elder Abuse Summit, Green Dot presentations and trainings, health fairs, outreach to special populations including Health Zone 1/Urban Core, LGBTQ+ and elders, and the 21st Annual Celebration of Women.

#### INFORMATION AND REFERRAL

The Women's Center of Jacksonville received and referred 772 information and referral calls to individuals in need.

#### **V**OLUNTEERS

A total of 109 volunteers provided 13,008 volunteer hours

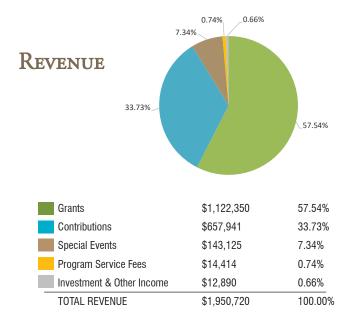
**Rape Recovery Team:** 18 volunteers provided 7,622 volunteer hours

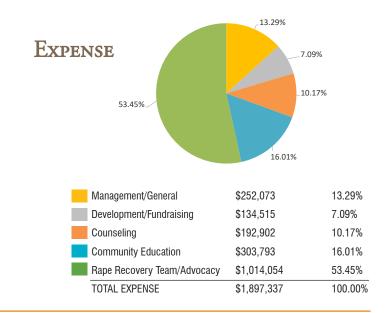
Counseling: 3 volunteers provided 1,850 volunteer hours

**Community Education:** 29 volunteers provided 1,868 volunteer hours

Administration and Development: 59 volunteers provided 1,668 volunteer hours

## 2015-16 STATISTICS

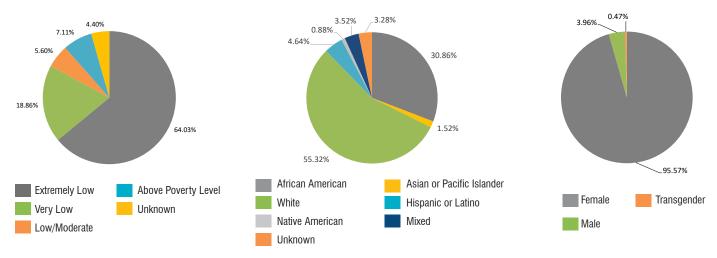




#### CLIENTS BY INCOME RANGE\*

#### CLIENTS BY ETHNIC ORIGIN\*

#### CLIENTS BY GENDER\*



\*Does not include outreach participants

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